

# 2008 University of Vermont Girls' Lacrosse Skills Day Camp

**Dates: August 6th - 8th**  
**Ages: Entering Grades 6 - 10**  
**Time: 9:00am - 3:00pm**  
**Cost: \$140**

This is a beginners camp designed to teach new skills and develop an understanding of the game.

## Camp Schedule:

### **Wednesday, August 6th**

8:00 - 8:45am: Registration  
9:00 - 12:00pm: Morning Skill Session  
(Rules Review)  
12:00 - 1:00pm: Lunch  
1:00 - 2:00pm: Afternoon Skill Session  
2:00 - 3:00pm: Games

### **Thursday, August 7th**

9:00 - 12:00pm: Morning Skill Session  
(Chalk & Talk)  
12:00 - 1:00pm: Lunch  
1:00 - 2:00pm: Afternoon Skill Session  
2:00 - 3:00pm: Games

### **Friday, August 8th**

9:00 - 12:00pm: Morning Skill Session  
12:00 - 1:00pm: Lunch  
1:00 - 3:00pm: Lacrosse Olympics

**\*Certified Athletic Trainer On-Site**  
**\*Medical/Liability Waiver Must be  
Completed Prior to Camp**

## Camp Staff:

### **Jen Johnson**

UVM Women's Head Lacrosse Coach  
U19 Canadian National Team  
Three-time All-American at Penn State  
Member & Co-Captain of Canadian  
National Team  
2005 IFWLA All-World Cup Team

### **Jen Nardi**

UVM Women's Assistant Lacrosse Coach  
All-American Goalkeeper at UMass  
National Leader in goals against average  
and save percentage

## **Current Players from UVM Team**

## What to Bring:

Stick  
Mouthguard  
Goggles  
Cleats and/or Sneakers  
Water Bottle  
Sunscreen  
Lunch

Register on-line at:  
[www.uvmathletics.com](http://www.uvmathletics.com)  
(under the "2008 Summer Camps" link)

Questions ~ Please Contact Summer Camp Office ~ [summercamp@uvm.edu](mailto:summercamp@uvm.edu) ~ 802-656-0851